

Roots & Threads

ACUPUNCTURE



NEW PATIENT APPOINTMENT

60 MINUTES

This appointment includes an in-depth health consultation and acupuncture treatment that, if needed, includes the addition of electroacupuncture, cupping, gua sha, moxibustion, and tui na.

\$150



FOLLOW-UP APPOINTMENT

60 MINUTES

This appointment includes an acupuncture treatment that, if needed, includes the addition of electroacupuncture, cupping, gua sha, moxibustion, or tui na.

\$120



4 PACK ACUPUNCTURE

60 MINUTE SESSIONS

This package is designed for patients who are committed to consistent care. Acupuncture works best with regular treatments, allowing the body to build upon each session for lasting results. For optimal outcomes, I recommend starting with at least 4 sessions.

\$400



30 MIN FOLLOW-UP (TRIGGER POINT NEEDLING OR CUPPING & GUA SHA)

This follow-up session offers a quick reset to ease muscle tension through cupping and gua sha or to treat areas of pain by releasing trigger points through acupuncture.

\$60